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Introduction

First-time parents are new to everything. From your child's first steps on their own two feet to their first day at school, everything is a brand new experience. While you may enjoy having these new additions to your lives, you will probably have some concerns of your own as well. For one thing, you may be wondering what makes a good parent. The general idea of a good parent is one which is able to take care of his or her children's needs and also have a parenting style which will help to bring up a child who is obedient, caring and respectful, amongst many other attributes which an individual ought to have. To take care of your children's needs simply means that you provide necessities required in their daily lives, such as food and shelter. This is a simpler issue than the second point which you should take note of as a parent, which is your parenting style.

Parenting styles can be extremely important, especially if you have young children. This is because any intervention during early children development will affect how your children grow up, and in turn determine what kind of adults your children will become in the future. Since children are the future leaders of the world, imparting the right values and mindset to your children is not merely a family issue, but is also a social responsibility. Therefore, it is essential for you to adopt the right parenting style which is most suitable for your child's personality as well as needs. To do so, you would probably have to first gain an understanding on the various styles of parenting and the effects it will cause on your child. You will also have to learn more about disciplining your child, especially when he or her misbehaves or throws a tantrum. This is because a spoilt brat is never the ideal child you would want to raise. Having a brat in your family is most likely to ruin any chances of having a great family life as well. As such, the

following articles have been written to provide new parents with basic information on how you can become a great parent and enjoy a good family life with your children.

The Different Styles Of Parenting & Its Benefits

Every couple will be happy once they have had kids of their own. Children are the bundles of joy that not only make them smile, but also cause them to be more motivated in doing their daily work. They'll strive until they can get the best for their beloved children.

But this happiness also comes with a little fear because they don't really know how to deal with their children. How will their parenting style determine how the child will be upon growing up? This is where information about the various parenting styles comes in to help parents.

Parenting styles is the psychological strategies used by parents in raising their children. It follows the premise of children being raised with the help of how they react and interact with each other. There are the four parenting styles that parents can use for their children are listed below.

Authoritarian

Such parents set high expectations for their children, even at a very young age. The primary benefit of this parenting style is that the children will grow up as independent individuals. They also tend to be more obedient, as authoritarian parents tend to be closed to feedback and questions. If children are told to obey instructions, they are expected to do so without any questions asked.

Authoritative

Similar to the authoritarian parenting style, authoritative parenting style will also involve setting expectations for your children. However, such parents will tend to explain to their children the

reason behind their actions and commands so as to allow the children to understand their rationale. They also tend to maintain friendlier relations with their children, although they can be stern with their children as well when they ought to be.

Neglectful

Generally, neglectful parents lay their hands off any issues their children have. While they provide basic necessities such as food and shelter, they do not offer any assistance on problems which the children may have. As such, children may feel more detached from their parents. While this may seem to be a bad parenting style, one advantage of this is that it promotes independence as children would have to learn how to fight their own battles.

Indulgent

This is, perhaps, the parenting style most children prefer. Indulgent parents are very lenient with their children and often find themselves involved in all of their children's issues. While this will allow children to feel the warmth of a family, which is something necessary at their young age, it may also lead to parents raising spoiled brats whom they may have problems disciplining.

These are only four major parenting styles. Every style may have their benefits but it's still important to find out the best balance amongst these four styles so as to nurture your children to become successful individuals in the future.

How Do You Discipline Your Child Without Using Aggressive Force?

Children can be such adorable creatures whom everyone can't help but love. However, as a child grows up, things might change as their behaviour starts to become problematic. Sometimes, parents may end up losing their patience and use corporal punishment on their children. Although it may be an effective way of disciplining the kids, it's still better not to use aggression as a form of punishment to improve their behaviour.

If you would like to avoid corporal punishment and learn different ways of disciplining your children, here are some of the ways through which you can do this.

The first thing you can do is to try your best to be patient. Even if you think you're running out of it, just try to stop yourself from exploding. Remember that this is also for your sake, since you'll avoid being stressed out because of anger. Keep in mind that patience is and will always be a virtue.

The next thing you can do is to do alternative when it comes to disciplining your kid. By avoiding aggression, you will still be able to use other ways of showing your kid that he has done something wrong. One example is to let them experience the consequence of what they've done, whilst ensuring that they will not get themselves into too much trouble or pain.

When they understand what the consequences of their actions are, they will understand the severity of the issue and why it is wrong to do so in the first place. When they are able to think and reflect upon their own behaviour, they will be able to learn from their mistakes. This will stop

them from repeating such actions in the future. As such, this is a great and effective way of disciplining your children.

Next, you have to make sure that you are always setting a good example for your children. Not only will this show your children the right things that they should do, but you will also find yourself correcting your flaws by abiding social rules, morals and values.

Finally, you may also want to check out other parenting sites that will help you find other ideas in disciplining your kids. There are also a lot of support groups available on internet forums as well as in real life that will help you deal with your kids properly.

Disciplining your kids without corporal punishment is possible as long as you know the right things to do. Make sure to follow these and you'll surely get the most out of training your kids in a stress-free manner.

Tips on How To Lead A Happy Life With Your Children Through Basic Respect & Discipline

One of the problems shared by many parents these days is the fact that most of them cannot control or discipline their children. However, it's very important for them to do so in order for their children to be better citizens of the future. In addition, being able to discipline kids will lead to happier lives not only for the parents but also for the entire family.

Sounds difficult? It may be a bit challenging, but as long as you are committed, you will definitely be able to find a happier life as long as you're able to control your children. Here are some of the things you can do to have a happier life by applying basic discipline strategies.

Learn how to communicate with your children properly

The main problem faced by parents who are unable to control their children these days is that they are unable to communicate well with their children. By having the right communication with your children, you will be able to have an easier time dealing with them. You will also be able to know more about them in the process. As such, misunderstandings will be solved, making life easier for both you and your kid. Aside from you learning what your children are thinking about, it is also their chance to know how you feel. Mutual communication will definitely help to strengthen the bonds between you and your children, allowing you to lead a happier life.

Establishing respect

Nothing is better than having an obedient and respectful child. You'll feel happier if your kids are able to respect you properly. You can establish this by imparting the right values and morals

they should know during the process of growing up. You will also start to keep an eye on how you act and learn to correct your flaws. By setting a good role model, you will be able to communicate values so that they'll pick it up in their daily lives.

Being proud of your caring kid

A parent will always be proud of his or her caring and well-disciplined kid. Tell them how important it is to care for others' feelings so they will understand the right way of talking so as to not to hurt anyone with their words. Furthermore, caring for others is also applicable in helping someone in need. Being able to help a friend to stand up for himself for what is right will surely be a good characteristic to be proud of. As a parent, you'll find yourself happier and proud of how you have managed to bring up a caring child who takes care of everyone in his or her little ways.

Being happier is simple when you are able to discipline your child properly. Follow these tips and you'll have a happier life with your family!

Conclusion

As a good parent, you should always observe your child, regardless of what style of parenting you are adopting. If you find that the intended results are not showing, then perhaps it would be good to alter your parenting style appropriately, as not all children will respond to the same parenting style identically. With authoritarian and indulgent parents at opposite ends of the spectrum, it is, perhaps, wise to find the right balance so as to give your child what he or she needs in order to grow and develop as an individual. This will allow children to stand on their own two feet and maintain good social relationships with people around them. They will also learn to be able to make good decisions based on their morals and values independently after having been guided through such dilemmas by their parents when they were in their childhood. When you combine an appropriate parenting style along with proper discipline methods so as to teach children how to differentiate wrong from right, you will definitely be able to raise a child successfully.

I hope that this has helped you with your parenting troubles!